



SARDAR PATEL VIDYALAYA, NEW DELHI - 110 003

INTRAMURAL SPORTS

INFORMATION SHEET REGARDING SPORTS WEEK, QUALIFICATION/RECORDS

- (1) Each competitor is advised to note the following.
- (2) One has to reach the prescribed standard in order to qualify for the merit card. It would be beneficial to note down your standard and the progress you make in your daily practice.
- (3) A competitor can participate in only four events - two track and two field (excluding open events). You can choose four events. After entering them in the slip, you cannot change.
- (4) There is no first or second place in our competitions. All those who reach the standard specified below, qualify for a merit card.
- (5) A counterfoil should be given to the Physical Education Teacher or dropped in the registration box that are placed by the Captains.
- (6) No change will be made in these standards without the written permission of the Principal.
- (7) From the fifth standard onwards the students are divided into four houses viz Shakti, Jyoti, Neeti and Pragati.

S. No.	EVENTS	BOYS					SPV RECORDS	GIRLS				SPV RECORDS
		A	B	C	D	E		A	B	C	D	
1.	100 MTS	14.2 sec	13.7 sec	13.2 sec	12.5 sec	12 sec	Daksh Vasaniya (2011-2012) 11.20 sec	16.2 sec	16 sec	15 sec	14.8 sec	Mynah Sobti (1990-1991) 13.48 sec
2.	200 MTS	32.5 sec	31 sec	29 sec	26.5 sec	25.5 sec	Tejaswin Shankar (2015-2016) 22.83 sec	34 sec	33.5 sec	32.5 sec	32 sec	Sabhyata Nihalani (2015-2016) 28.14 sec
3.	400 MTS	1 Min 18 sec	1 Min 15 sec	1 Min 8 sec	1 Min 4sec	58 sec	Tejaswin Shankar (2015-2016) 50.54 sec	1 Min 26 sec	1 Min 24 sec	1 Min 13 sec	1 Min 11 sec	Sabhyata Nihalani (2015-2016) 1 Min 03.28 sec
4.	800 MTS	2 Min 50 sec	2 Min 45 sec	2 Min 40 sec	2 Min 30 sec	2 Min 25 sec	Tejaswin Shankar (2015-2016) 2 Min 01.08 sec	-	3 Min 23 sec	3 Min 20 sec	3 Min 16 sec	Sabhyata Nihalani (2014-2015) 2 Min 37.17 sec
5.	4X100 MTS Relay	1 Min 4 sec	1 Min	57 sec	54 sec	53 sec	(2015-2016) 47.49 sec Neeti	1 Min 8 sec	1 Min 5 sec	1 Min 3 sec	1 Min 1 sec	Neeti (2014-2015) 56.07 sec
6.	1500 MTS	6Min	5 Min 55 sec	5 Min 17 sec	5 Min 15 sec	5 Min	Nitin Mishra (1997-1998) 4 Min 35 sec	-	-	7 Min 40 sec	6 Min 55 sec	Sabhyata Nihalani (2015-2016) 5 Min 28.97 sec
7.	Long Jump	3.80 MTS	4.00 MTS	4.35 MTS	4.55 MTS	4.95 MTS	Tejaswin Shankar (2015-2016) 6.70 MTS	3.05 MTS	3.35 MTS	3.50 MTS	3.66 MTS	Triveni Kulkarni (2014-2015) 4.48 MTS
8.	High Jump	1.05 MTS	1.20 MTS	1.30 MTS	1.35 MTS	1.40 MTS	Tejaswin Shankar (2015-2016) 2.08 MTS	0.95 MTS	1 MTS	1.05 MTS	1.10 MTS	Geetanjali Adheshra (2015-2016) 1.34 MTS
9.	Discus	-	-	(Small) 18.85 MTS	(Big) 21.90 MTS	(Big) 24.95 MTS	Vivek Razdan (1987-1988) 34.85 MTS	-	-	(Small) 12.75 MTS	(Small) 15.70 MTS	Divya Chaturvedi (2017-2018) 27.10 MTS
10.	Shot Put	-	-	(8lbs) 8.00 MTS	(12lbs) 8.30 MTS	(12lbs) 9.30 MTS	Vivek Thapar (1980-1981) 13.30 MTS	-	-	(8lbs) 5.25 MTS	(8lbs) 6.40 MTS	Sharda Saikhan (1988-1989) 9.60 MTS
11.	Javelin	-	-	22.90 MTS	25.90 MTS	29 MTS	Jaikush Hoon (1999-2000) 46.90 MTS	-	-	13.75 MTS	17.25 MTS	Auhona Roy (2017-2018) 30.70 MTS
12.	Triple Jump	-	-	9.05 MTS	10.50 MTS	10.65 MTS	Tejaswin Shankar (2015-2016) 14.43 MTS	-	-	-	-	-

Counterfoil for the Intramural Competition

I wish to take part in the following events :-

S. No.	Field Events	Pupil's Signature	S. No.	Track Events	Pupil's Signature

Name of the House _____ Name of the Group _____ My Captain _____

Name of Pupil _____ Class _____ Div. _____

H. R. T.'s Sign _____ Boy/Girl _____ Parent's Signature _____

PENTATHLON CHAMPIONSHIP

The Pentathlon consist of five events, which shall be held in the following order :-

Senior Boys - Long Jump; High Jump; 100 metres; Discus; 800 metres
Senior Girls - 100 metres; Discus; High Jumps; Long Jump; 200 metres

Junior Boys - Long Jump; Discus; 200 metres; High Jump; 100 metres
Junior Girls - Long Jump; Discus; 200 metres; High Jump; 100 metres

- Note :**
- (a) A competitor who has obtained the highest number of points in five events will get the PENTATHLON CHAMPIONSHIP.
 - (b) In each jumping and throwing events, each competitor shall be allowed three trials.
 - (c) Time of each competitor shall be taken independently.
 - (d) In the event of a tie in the PENTATHLON, the winner shall be the competitor who has received the highest points in the majority of the events. If this does not resolve the tie, the winner shall be the competitor who has the highest number of point in any one of the five events.
 - (e) At least five competitors must take part for the Championship in Senior and Junior sections. If less, the competition will be dropped.

PRIMARY SPORTS

Championship Events Primary	
1.	100 metres
2.	Long Jump
3.	High Jump
4.	Cricket Ball Throw

Class I - Obstacle Race

COMPETITIVE SPORTS FOR CLASSES III & IV

Class II - Obstacle Race	1.	Three - Legged Race	50 MTS	10.5 sec
	2.	Skipping	50 MTS	9.5 sec
	3.	50 M Race	50 MTS	8 sec
	4.	Cricket Ball Throw	-	32 MTS